

Perth Sports Surgery Fellowship

Skills and Goals



ORTHOPAEDIC RESEARCH FOUNDATION
WESTERN AUSTRALIA



PERTH
SPORTS SURGERY
FELLOWSHIP

Welcome to Perth. You're going to have a great time! Please assist us in making this the best possible experience for you by completing the table below. We try to tailor the fellowship to your skills and goals. There are no wrong answers-just helps us plan!

- Cases you are happy performing completely independently +/- supervising a junior (ie with me not on site)? **(label A)**
- Cases you are comfortable performing with some supervision (ie with me unscrubbed/ in another theatre)? **(label B)**
- Cases you happy performing some steps/taking the lead (but with me scrubbed +/- guiding you)? **(label C)**
- Cases/skills you have had minimal exposure to; are starting from scratch/or fairly close to it? **(label F)**
- Cases/skills are you not particularly interested in? **(label Z)**

| Type of KNEE Cases/Skills: | POST Fellowship GOAL (A/B/C/F/Z) | PRE Fellowship GRADE (A/B/C/F) | POST Fellowship GRADE (A/B/C/F) |
|---|--|--------------------------------|---------------------------------|
| -Knee Scope | A | A | A |
| -Meniscal Repair (all inside) | A | A | A |
| -Meniscal Repair (outside in/inside out/Novostitch) | A | B | A |
| -Meniscal Root Repair | A | B | A |
| -Meniscal Transplant | A | C | A |
| -Chondral Grafting (OATS/MACI) | A | C | A |
| -Hamstring Harvest for ACL Recon | A | A | A |
| -Patella Tendon Harvest for ACL Recon | A | A | A |
| -Quads Tendon Harvest for ACL Recon | A | F | A |
| -Primary ACL Reconstruction | A | B | A |
| -Revision ACL Reconstruction | A | C | A |
| -ACL Avulsion Fixation | A | F | A |
| -PCL Reconstruction | A | C | A |
| -Multi-Ligament Knee Recon (including PLC/PMC) | A | C | A |
| -Osteotomy (HTO) | A | A | A |
| -Osteotomy (DFO) | A | A | A |
| -PFJ Recon (MPFL/TTT) | A | B | A |
| -Joint Replacement | A | A + uni /PFJ | A |
| Type of SHOULDER Cases/Skills include | | | |
| -Shoulder Scope (Lateral); establishing portals | } I like doing this but it's not necessary | A | |
| -ASAD +/- ACJ Excision | | A | |
| -Open Cuff Repair | | B | |
| -Arthroscopic Cuff Repair | | C | |
| -Arthroscopic Biceps Tenodesis | | B | |
| -Arthroscopic Stabilisation (Anterior Bankart) | | C | |
| -Arthroscopic Posterior Labral/SLAP Repair | | F | |
| -Remplissage | | F | |
| -Latarjet | | F | |
| -AC Joint Stabilisation/Reconstruction | | C | |
| -Joint Replacement | C | | |
| Type of HIP Cases/Skills include | | | |
| -Hip Scope (Setting up) | } Z | | |
| -Hip Scope (Getting in the joint) | | | |
| -Hip Scope (Capsulotomy) | | | |
| -Hip Scope (Labral Repair) | | | |
| -Hip Scope (Osteoplasty-Femoral/Acetabular) | | | |
| -Hip Scope (Arthro Psoas release at LT post THR) | | | |
| -Hip Scope (LT Osteoplasty for IFI) | | | |
| Tendon Repair Cases | | | |
| -Proximal Hamstring Repair | A | F | C would do as joint case |
| -Pec Major Repair | Z | F | |
| -Distal Biceps Repair | Z | F | |
| Trauma | | | |
| -ORIF (Ankle/Distal Radius/Olecranon/Patella) | A | A | I love trauma |
| -Trauma Nails (TFNa/FRN/Tibial Nail) | A | B | I'm just being a bit nosy |
| -Trauma Hemiarthroplasty | A | B | us I would've done it for |
| -Trauma THR | A | B | 18 months - 0 |
| -Trauma ORIF Distal Femur | A | B | just being a bit |
| -Trauma ORIF Proximal Humerus | A | B | |
| -Trauma ORIF Distal Humerus | A | C | cautious! |
| Miscellaneous | | | |
| -Carpal Tunnel | A | A | |
| -Removal of Metal | A | A | |

a) What are your major goals for your 6 months with us-type/range of cases, anything specific that you want to see/do?

main focus is knee
independent consultant practice
confident managing complications
comfortable teaching juniors

b) What type of job/role are you planning on returning home to?

Busy DGH / ? tertiary centre + private practice

c) Have you completed/are you planning on completing another fellowship?

I have done 1 yr in Adelaide - mainly arthroscopy
but also sports knee/shoulder
I have done 6m at RSM: Ant Kiddle / Ross Ladie

d) Upon return home, after undertaking the Perth Sports Fellowship, if you could say,

"I can now, which I was unable/not confident with prior"

What would it be?

... provide consultant level service ...

e) (Post Fellowship) Please provide some feedback on the positives/negatives/suggestions for change....have you achieved your goals?

(we will also ask you to provide us with a testimonial/logbook for our records)

This has been the best experience of my life. The balance of supervision to supported independence has been phenomenal.

Please see Testimonial.